

# Preventive care for your child's heart

---



**Children's**<sup>SM</sup>  
Healthcare of Atlanta  
Cardiology

Our specialized program can lead to early diagnosis and treatment of acquired heart conditions

## Preventive Cardiology Program

Children's Healthcare of Atlanta provides a complete range of services for patients with conditions that place them at risk for early heart attack and stroke. Conditions evaluated and treated in the Preventive Cardiology Program include:

- Genetic and secondary dyslipidemias, including hypercholesterolemia, hypertriglyceridemia, low HDL-cholesterol and elevated lipoprotein.
- Hypertension, or elevated blood pressure.
- Family history of early atherosclerosis.

## Team

Our multispecialty team includes:

- Pediatric cardiologists.
- Pediatric genetic counselors.
- Pediatric nurses.
- Pediatric sonographers.
- Pediatric registered dietitian.

The preventive cardiology team works with other specialists when their services are needed, including nephrology, endocrinology, hepatology and the Strong4Life Clinic.

## Services

Outpatient evaluation and initial management are provided at Children's Healthcare of Atlanta Cardiology outpatient clinics. After the initial evaluation, if specialty care is needed, treatment by a preventive cardiology team member is available at multiple sites. Inpatient consultations are available at the Children's Heart Center.

## Assessment

A patient's initial assessment may include:

- Review of diet history and a three-day food record.
- Review of patient medical history.
- Review of family medical history.
- Review of laboratory studies.
- Physical exam.
- Electrocardiogram.

Other procedures that may be needed to assess a patient's condition are:

- Nutrition assessment and counseling by our registered dietitian.
- Echocardiogram.
- Genetic testing and counseling, if necessary.
- Additional laboratory testing and diagnostic studies.

## Long-term and follow-up care:

Patients with these conditions often need follow-up care and management of their condition. We offer close monitoring, lifestyle change counseling (nutrition and exercise), and advice on nonpharmacologic and pharmacologic treatment, if necessary.

## Contact



Call **404-256-2593** or **800-542-2233** to make an appointment.



Visit [choa.org/preventivecardiology](https://choa.org/preventivecardiology) for more information.

# Preventive Cardiology Program

At Children's Healthcare of Atlanta Cardiology, our Preventive Cardiology Program provides a complete range of services for kids with conditions that place them at risk for early heart attack or stroke. When risk factors such as obesity, high cholesterol, diabetes and elevated blood pressure are properly treated—often with a healthy diet and exercise—early cardiovascular disease may be prevented.



**Heather Maloney, DO**

Director, Preventive Cardiology  
*Clinic locations: Center for Advanced Pediatrics, Newnan, Stockbridge, Villa Rica*



**Benjamin Toole, MD**

*Clinic locations: Albany, Thomasville, Valdosta*



**Wesley Blackwood, MD**

*Clinic locations: Macon*



**Michelle Wallace, MD**

*Clinic locations: Newnan, Stockbridge, Villa Rica*



**Brian Cardis, MD**

*Clinic locations: Albany, Macon, Valdosta*



**Timotheus Watson, MD**

*Clinic locations: Marietta*



**Wesley Lindsey, MD**

*Clinic locations: Gainesville*



**Laura Hamilton, MA, RD, CSP, LD**

Nutritionist  
*Clinic locations: Telemedicine visits*



**John Stevens, Jr., MD**

*Clinic locations: Marietta, Johns Creek*

 [choa.org/preventivecardiology](https://choa.org/preventivecardiology)

 404-256-2593 or 800-542-2233