

Preventive care for your child's heart



Our specialized program can lead to early diagnosis and treatment of acquired heart conditions

Preventive Cardiology Program

Children's Healthcare of Atlanta provides a complete range of services for patients with conditions that place them at risk for early heart attack and stroke. Conditions evaluated and treated in the Preventive Cardiology Program include:

- Genetic and secondary dyslipidemias, including hypercholesterolemia, hypertriglyceridemia, low HDL-cholesterol and elevated lipoprotein
- Hypertension, or elevated blood pressure
- Family history of early atherosclerosis

Team

Our multispecialty team includes:

- Pediatric cardiologists
- Pediatric genetic counselors
- Pediatric nurses
- Pediatric sonographers
- Pediatric registered dietitian

The preventive cardiology team works with other specialists when their services are needed, including nephrology, endocrinology, hepatology and the Strong4Life Clinic.

Services

Outpatient evaluation and initial management are provided at Sibley Heart Center Cardiology outpatient clinics. After the initial evaluation, if specialty care is needed, treatment by a preventive cardiology team member is available at multiple sites. Inpatient consultations are available at Children's.

Assessment

A patient's initial assessment may include:

- Review of diet history and a three-day food record
- Review of patient medical history
- Review of family medical history
- Review of laboratory studies
- Physical exam
- Electrocardiogram

Other procedures that may be needed to assess a patient's condition are:

- Nutrition assessment and counseling by our registered dietitian
- Echocardiogram
- Genetic testing and counseling, if necessary
- Additional laboratory testing and diagnostic studies

Long-term and follow-up care:

Patients with these conditions often need follow-up care and management of their condition. We offer close monitoring, lifestyle change counseling (nutrition and exercise), and advice on nonpharmacologic and pharmacologic treatment, if necessary.

Contact



Call **404-256-2593** or **800-542-2233** to make an appointment.



Visit choa.org/preventivecardiology for more information.